

ARRHYTHMIAS

ATRIAL FIBRILLATION

If you have not been diagnosed with any type of arrhythmia, but you present symptoms or suspect you may have an arrhythmia, consult with your doctor.

During your visit, your doctor may ask the following questions.

Have you suffered from any of the following symptoms:

- ☐ Shortness of breath when making any effort
- ☐ Shortness of breath at night when lying in bed
- ☐ Shortness of breath when tying shoelaces or other Swelling of the legs and abdomen
- ☐ Fatigue and lack of energy
- ☐ Difficulty carrying out daily activities
- ☐ Dry cough
- ☐ Abdominal pain and quick fullness
- ☐ Fainting and loss of consciousness

How long have you suffered from symptoms?

How frequent are your symptoms?

- ☐ Several times a month ☐ Several times a week ☐ Several times a day

When do you experience shortness of breath?

- ☐ When I climb stairs
- ☐ When I walk more than 150 meters
- ☐ When I walk less than 150 meters
- ☐ When I walk inside the house
- ☐ When I rest and am not making any effort

Do any of these symptoms prevent you from doing your daily activities?

- ☐ Always ☐ Sometimes ☐ Never

Have you ever been diagnosed with:

- ☐ A heart defect from birth
- ☐ A heart attack
- ☐ A diseased valve
- ☐ A big or weak heart (heart failure)